

# OUR LATEST FOOD NEEDS CARDIFF FOODBANK



**SPONGE PUDDINGS**

**LONG LIFE FRUIT JUICE**

**TINNED FRUIT**

**INSTANT COFFEE**

**CUSTARD**

**MICROWAVEABLE RICE/PASTA**

**UHT/LONG LIFE MILK**

**RICE PUDDING**

**CHOCOLATE BARS**

**DEODORANT**

For more details visit: <https://cardiff.foodbank.org.uk/give-help/donate-food/>

Another way to support our work at this time would be to consider a financial donation which will help us process and distribute food to those in need.

thank you for  
your support!

USE YOUR SMART PHONE  
TO SCAN THIS QR CODE

**TO DONATE**



OR VISIT

<https://localgiving.org/cardifffoodbank>



[info@cardiff.foodbank.org.uk](mailto:info@cardiff.foodbank.org.uk)



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<https://localgiving.org/cardifffoodbank>



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